

Linking Mindset to Daily Practice

Extending Mindset Works in the classroom

Purpose

- ▶ Extending Growth Mindset beyond the Welcome Back Keynote
 - ▶ Providing rationale for utilizing Growth Mindset within instruction
 - ▶ Providing Teachers with practical strategies for implementing Growth Mindset into daily practice
 - ▶ Building Better Brains
- 

Review of Growth vs Fixed Mindset

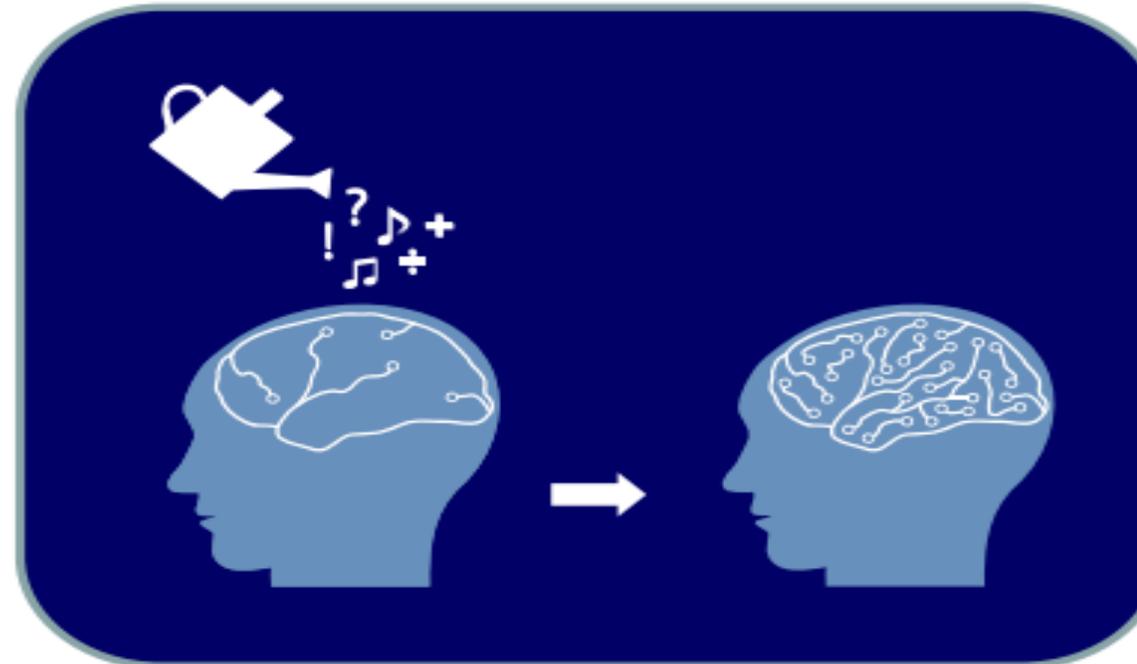
Fixed Mindset

Intelligence (or an ability) is a
fixed trait



Growth Mindset

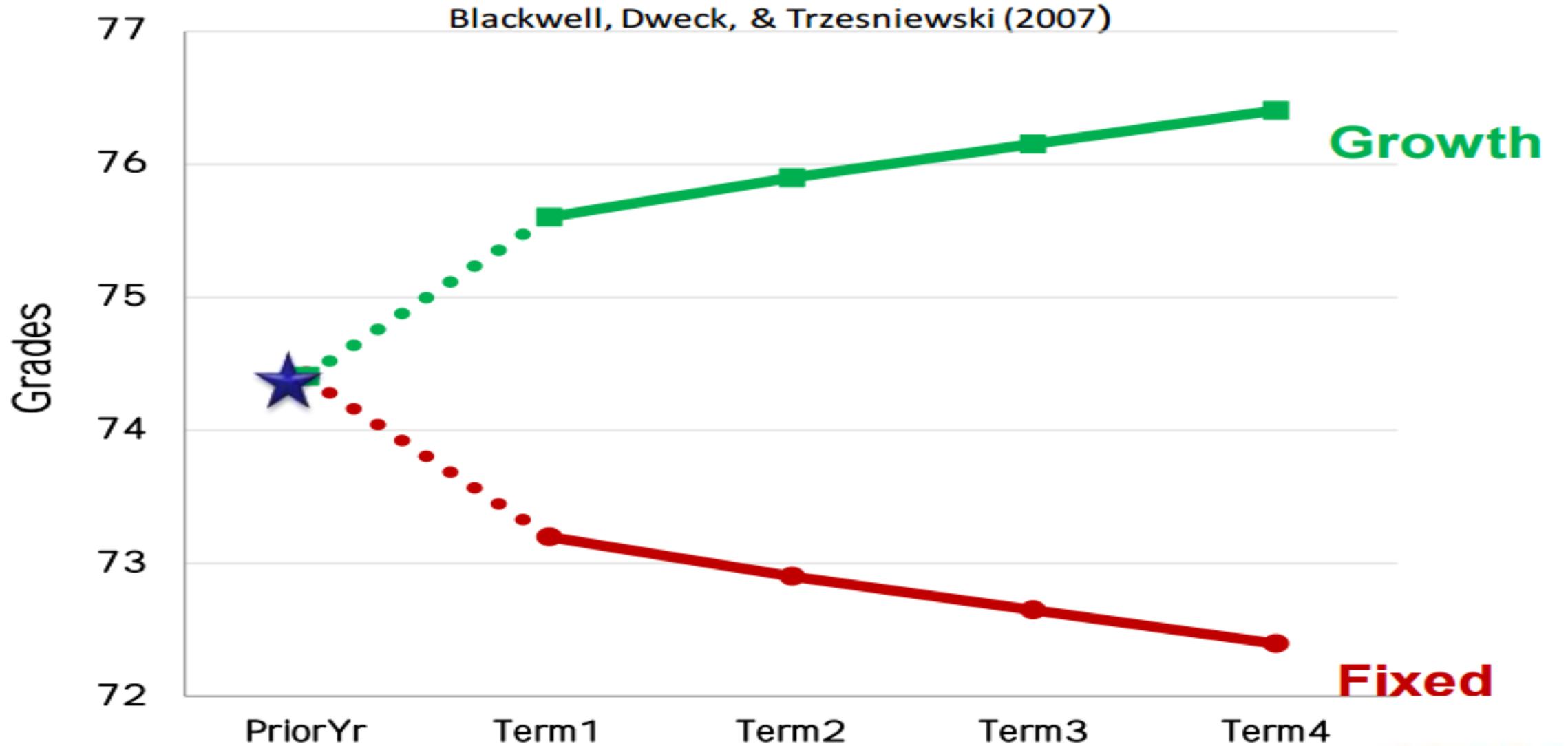
Intelligence (or an ability) can
be developed



Elements of a Growth Mindset

Elements	FIXED	GROWTH
Challenges	Avoid	Embrace
Obstacles	Give up	Persist
Effort	Fruitless	Valued
Criticism	Dismiss	Utilize
Success of Others	Threatened	Inspired

How does this apply to you and your Teaching Impact on Achievement



How to Grow a Mindset in Students

Research shows...

- ▶ Teaching students about the concept of Growth Mindset is critical but to maximize the impact of Growth Mindset on achievement:
 - Growth Minded behaviors MUST be **Modeled** by all staff
 - Students MUST be provided with **Strategies** for ‘growing their brains’
 - Teachers MUST provide a **Risk free environment** for students to “grow”
 - Feedback
 - Opportunities
 - Equity/Access

Modeling Growth Minded Behaviors

- ▶ What do students /parents see in our school?
 - Open and transparent communication
 - Collaboration and support
 - High expectations and common goals
 - Focus on growth for everyone
 - Motivation to learn, improve and overcome challenges

Strategies to Develop the Brain

Exercise



9-10 hours
of sleep



Calming
Strategies



Eat
Right

Feedback –the key to a RISK Free Environment

“Feedback is **not about praise or blame, approval or disapproval.**

That’s what evaluation is – placing value.

Feedback is value–neutral. It *describes* what you did and did not do.”

~ Grant Wiggins

PROVIDES...

the process of helping our students assess their performance, identify areas where they are right ***on target*** and provide them tips on ***what they can do in the future to improve*** in areas that need correcting.”

Effective Feedback answers 3 questions

1) Where am I going?

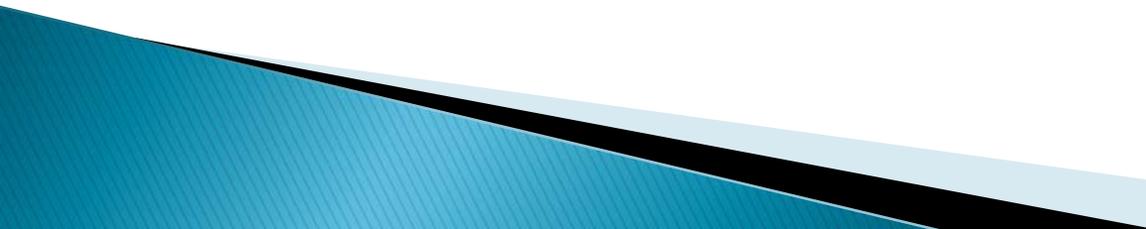
– a student has a clear understanding of the desired goal, a vision of the target

2) How am I going?

– a student is given frequent and descriptive information about his present position in relation to that goal

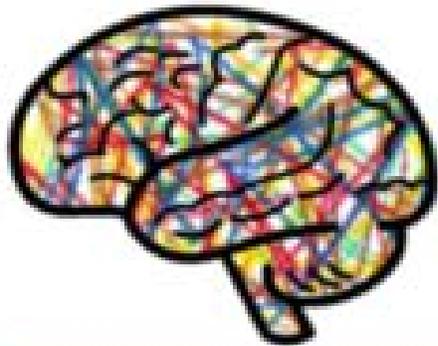
3) How can I close the gap?

– a student is given guidance on how to close the gap between where he is going and how he is going to get there

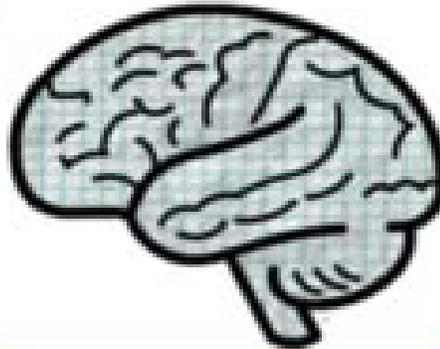


So How Can You Help Your Students Grow their Mindset??

Building a better brain!



PRIMARY



MIDDLE GRADES



HIGH SCHOOL



Website contains. . .

- ▶ Three Levels—
 - Primary—Preschool –2 /3 Grade
 - Middle Grades—3–8th Grade
 - High School—9–12th Grade
- ▶ Overview—General information and detailed lesson plans
- ▶ PowerPoints—ONE PPT and resources for each lesson
- ▶ Resources—Additional resources for extension activities
- ▶ All Lessons are intended to be delivered in 5–10 minutes
(Of course if you include the extension they may last longer)

Did it work??

- ▶ YES!!!
- ▶ What did TIP teachers say. . .
 - Begin the year with Building Better Brains
 - Provide Multiple opportunities to connect the content to all aspects of your instruction
 - Remember that the more experiences students have (Growth or Fixed) the more challenging it will be for them to change ---

BE PATIENT and PERSEVERE

